

Up, down and move around game

Resources: <https://digital-classroom.nma.gov.au/warakurna>

This game can be played outside in the school playground and is a great way to develop concentration and listening skills.

OUTSIDE

Step 1

Have your students stand in two rows as if they were passengers on a plane.

Step 2

Choose a pilot to yell out the actions.

Step 3

Demonstrate the actions for up, down and move around.

Action up

Players need to stand up.

Action down

Players need to sit on the ground. Be sure the surface is free from hard rocks or bees and prickles/bindies.

Action move around

This action can be done both as a group (plane formation) and in single formation.

Single formation

Break away from your group and move around the playground as if you were flying. Pick an object you can see from the sky and remember it as you will need to tell your group when you sit back down.

Plane formation

Move around the playground as a group in your plane. Look out your window and pick an object you can see from the sky. Remember the object as you will need to tell your group when you sit back down.

Step 5

Do a practice round first so that all players understand the actions. The players need to yell out the object they saw when they sit back down from moving around.

Step 6

Action down, when players sit down, they must yell out the object they picked.

Step 7

Repeat as many times as you like and rotate the pilot around in turns among players.

Step 8

When you have finished the game return to the classroom and ask players to write one word. The word maybe a favourite object, feeling or landmark they saw or experienced in playground.